

# resources for hungry college students

There are several resources available to help low-income college students who are hungry. Here are a few options:

1. **Campus Food Pantries:** Many colleges and universities have on-campus food pantries that provide free food to students in need. These food pantries may be run by the school or by student organizations.
2. **SNAP:** The Supplemental Nutrition Assistance Program (SNAP), also known as food stamps, provides assistance to low-income individuals and families to purchase food. Eligible college students can apply for SNAP benefits.
3. **Local Food Banks:** Local food banks may provide free food to college students in need. You can search for a local food bank using the Feeding America website.
4. **Student Emergency Funds:** Some colleges and universities have student emergency funds that can be used to help students with basic needs, such as food. These funds are typically administered through the school's financial aid office.
5. **Community Resources:** Local community organizations, such as churches and non-profits, may also provide food assistance to college students in need. You can search for community resources using the 211.org website.

**Reach out to your school's financial aid office or student services to learn about available resources and support for basic needs such as food.**

## DID YOU KNOW?

A study by the Government Accountability Office found that about 30% of college students who were eligible for federal food assistance programs, such as SNAP, did not participate in these programs. **Visit the SNAP State Directory on the USDA Food and Nutrition Service website to apply.**

