

ways to support domestic workers

Remember that supporting domestic workers is not just about providing financial support, but also about advocating for their rights, spreading awareness, and providing resources.

1. **Pay them fairly:** One of the most important things you can do to support domestic workers is to pay them a fair wage. Many domestic workers, particularly those who work in private households, are not paid minimum wage or overtime. Be sure to pay them fairly and in compliance with all labor laws and regulations.
2. **Provide benefits:** In addition to fair pay, consider providing domestic workers with benefits such as health insurance, sick leave, and vacation time. These benefits can make a big difference in their quality of life and financial security.
3. **Respect their rights:** Domestic workers have the same rights as any other worker, including the right to a safe and healthy workplace, the right to be free from discrimination and harassment, and the right to organize and join a union. Be sure to respect their rights and support them if they face any violations.
4. **Advocate for their rights:** Join organizations that advocate for the rights of domestic workers, such as the National Domestic Workers Alliance or the International Domestic Workers Federation. These organizations work to improve labor laws and regulations and provide support and resources for domestic workers.
5. **Spread awareness:** Educate others about the issues facing domestic workers and the importance of supporting them. Use your social media platforms and personal networks to raise awareness and advocate for change.

DID YOU KNOW?

Many domestic workers face low wages and long hours, with 60% of domestic workers not receiving a regular salary and 45% working more than 14 hours a day.

